

Astrology 101

A beginner's guide to the essentials

Created by Romy Hoberger - Samsara ©



Meet your astrologer

Hi, I am Romy. I am a holistic therapist and astrologer.

With a background in philosophy, coaching, astrology, yoga, and Reiki, I blend mindfulness with practical tools to help you grow inner strength, purpose and self-love. I love to keep things down to earth.

Let me guide you in building a loving relationship with yourself, grow your selfworth and take up space in the world. My mission is to help you make choices that truly align with who you are and create a life that reflects your personal values and natural rhythm.

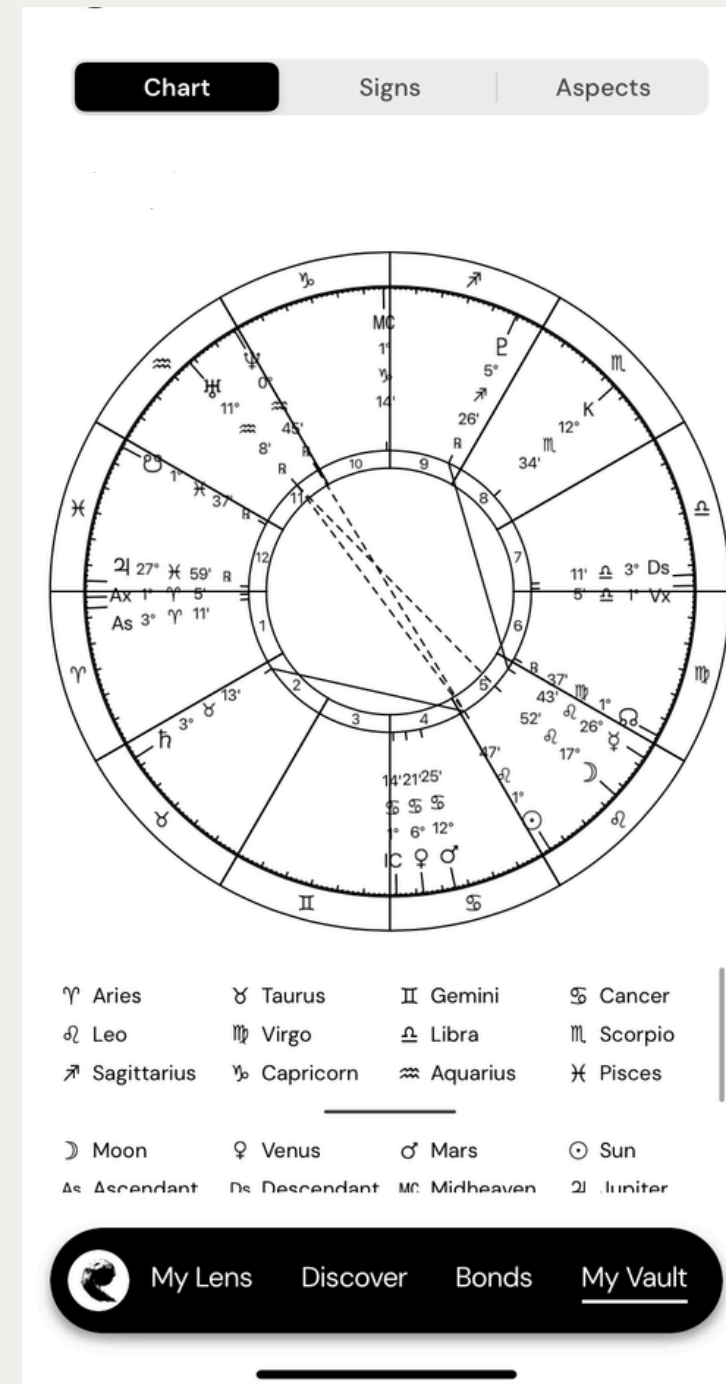
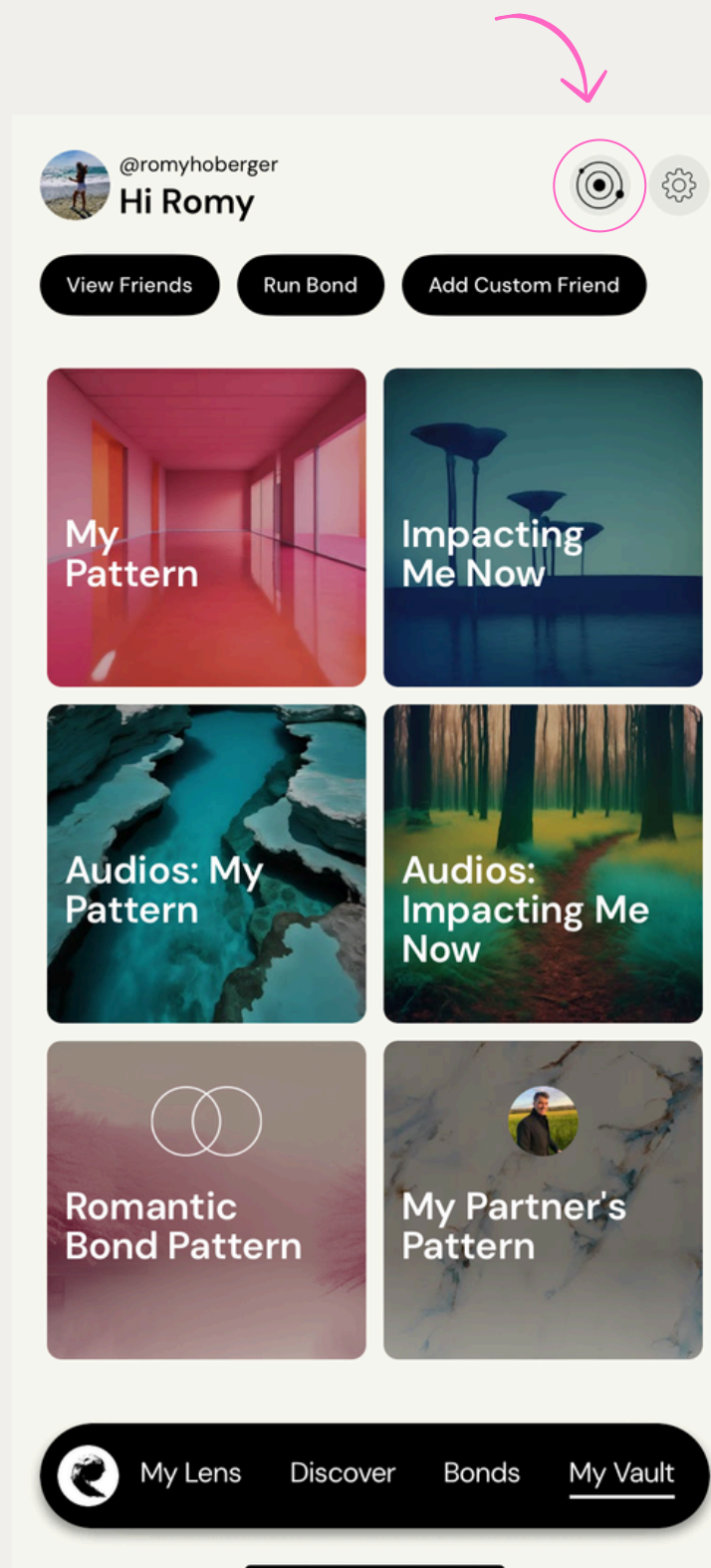
Let's connect!

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Pull up your natal chart

Download the app 'The Pattern'



MOON	♎	Libra
MARS	♍	Virgo
VENUS	♏	Scorpio
SUN	♐	Sagittarius
ASCENDANT	♎	Libra
DESCENDANT	♈	Aries
MIDHEAVEN	♋	Cancer
JUPITER	♑	Capricorn
IMUM COELI	♑	Capricorn
VERTEX	♈	Aries
ANTIVERTX	♎	Libra
MERCURY	♑	Capricorn

Default: Whole House System

Your natal chart

= a cosmic "screenshot" of the universe at the exact time and place you were born

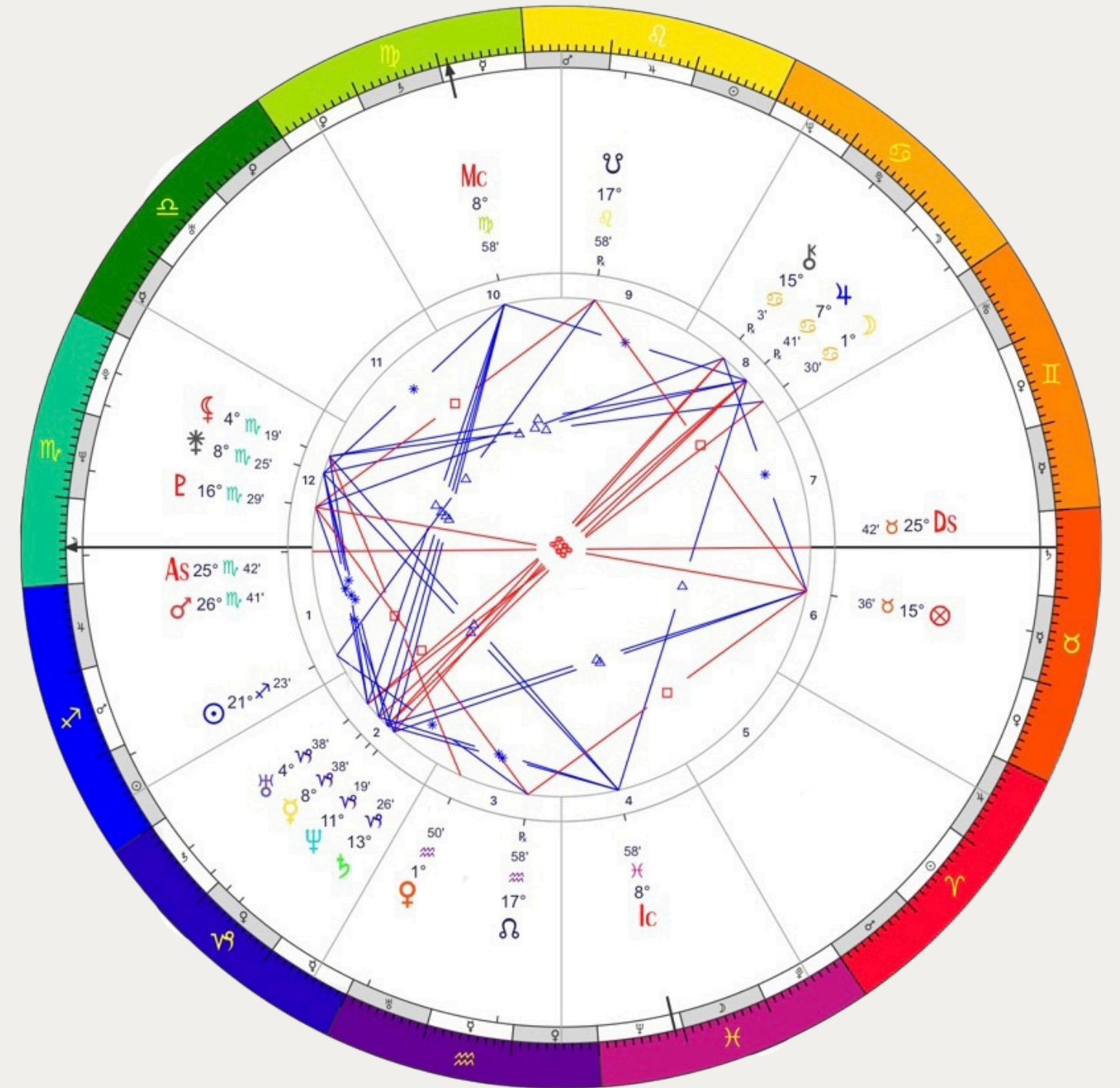
= your unique blueprint/fingerprint/spiritual DNA

= how your soul has chosen to incarnate in this lifetime

= permission slip to be your most authentic self

= shows you your highest potential, how you are 'wired'

You have free will on how to work with these energies. How you work with them depends on your level of consciousness (positive, abundant expression / shadow state, low expression).



01

Houses:

Where (life areas) is it
being manifested

02

Planets:

What is being
manifested

03

Archetypes:

How is it being
manifested

01

The Houses

= where

The houses in astrology represent different areas of life, each governing specific themes and experiences. The zodiac sign on the cusp of a house and any planets within it influence how those themes play out in your life.

Houses represent the rotation of the earth around its axis over the course of 24 hours.



THE HOUSES: WHERE

10. Career & Public Image: vocation, ambitions, long-term achievements, responsibilities, reputation, relationship to father

9. Exploration & philosophy: spirituality, religion, belief systems, higher education, expanding horizons, seeking truth, travel, adventure, teaching, publishing, public speaking

11. Community & Aspirations: visions, long-term goals, friends, social network, politicians, collective ideals, innovation, activism

12. Spirituality & Subconscious: letting go, endings, service to the collective, solitude, retreat, mental health, shadow work, healing, spiritual connection, institutions

1. Self-image & Identity: personal goals, expression, the body, appearance, first impression, your outlook on the world, beginnings

2. Values & Money: relationship with money and material realm, personal resources, self-worth, what you value and how you secure stability

3. Communication & Learning: local life, (siblings, neighbourhood), short trips, practical skills, thinking, writing, speaking

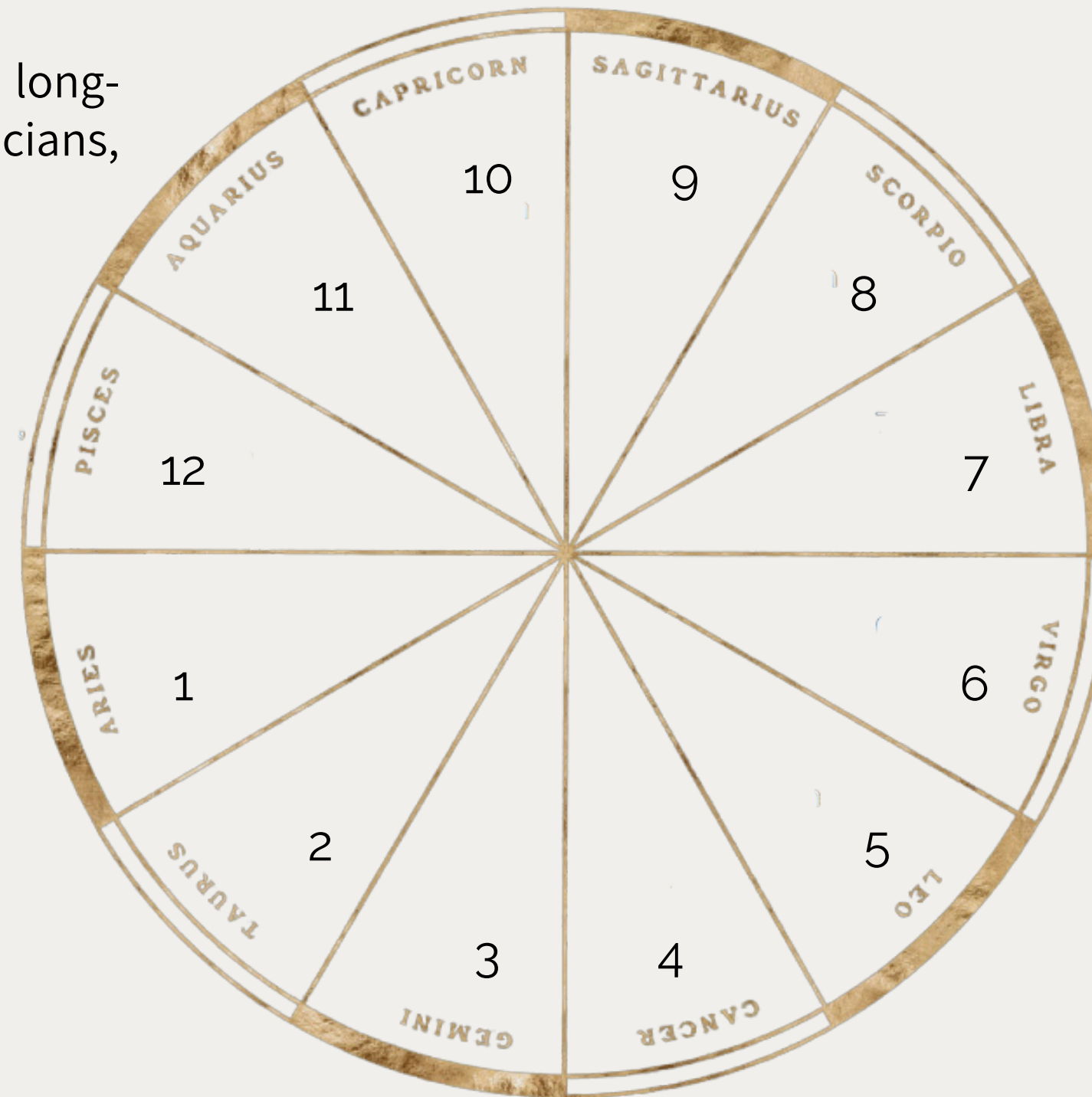
4. Home & Roots: family, ancestors, nurturing, emotional foundation, sense of security, relationship to mother

8. Transformation & shared resources: deep emotional bonds, intimacy, trust, psychology, death & rebirth, secrets, taboo subjects, sex, inheritance, business partner, taxes

7. Partnerships: 1-1 relationships (personal & professional), traits we look for in others, how we socialize, cooperation, commitment

6. Health & Service: daily routine, body health, wellbeing, being of service, work, productivity, pets

5. Creativity & Pleasure: self-expression, personal projects, joy, passion, dating, romance, children, hobbies



02

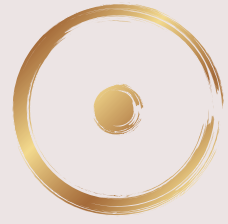
The Planets

= what

The planets symbolize the "what" of your life, describing various energies and experiences. Their positions in your chart (signs and houses) determine "how" and "where" these energies express themselves. Together, they create a complex and unique picture of your personality and life path.



THE PLANETS: WHAT



Sun

Identity & Core Self:

Your ego, vitality, and purpose in life, your essential self and the light you shine in the world.

Rules Leo.



Moon

Emotions & Inner World:

Intuition, needs, subconscious, instincts, sense of security.

What you need on a daily basis to feel safe & nurtured.

Rules Cancer.



Mercury

Communication & Intellect:

How you think, learn and express ideas, logic, interactions.

Rules Gemini & Virgo.



Venus

Love & Values:

Beauty, harmony, relationships, what you value, self-worth and how you seek pleasure & make money.

Rules Taurus & Libra.



Mars

Action & Drive:

Energy, passion, how you assert yourself, ambition, desire, physical vitality and frustration.

Rules Aries & Scorpio.



Jupiter

Expansion & Growth:

Optimism, luck, personal growth, beliefs, higher learning, abundance, adventure and new opportunities.

Rules Sagittarius & Pisces.



Saturn

Discipline & Structure:

Responsibility, boundaries, long-term goals, hard work, lessons, limitations, restriction and maturity.

Rules Capricorn & Aquarius.



Uranus

Innovation & Change:

Rebellion, individuality, sudden shifts, upheaval, originality, freedom and breaking conventions.

Rules Aquarius.



Neptune

Dreams & Spirituality:

Imagination, intuition, creativity, idealism, inspiration, illusion, confusion and escapism.

Rules Pisces.



Pluto

Transformation & Power:

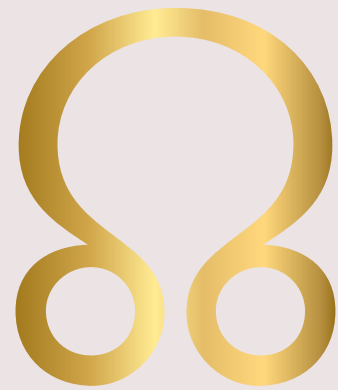
Deep change, rebirth, hidden truths. intensity, (dis)empowerment, power dynamics, karmic, letting go

Rules Scorpio.

The Lunar Nodes

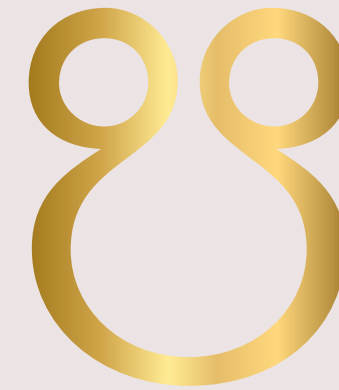
Karmic Points

The North Node



Represents your soul's purpose, the areas for growth in this lifetime and the qualities and lessons you are meant to embrace. It feels unfamiliar and challenging but leads to immense personal growth. (Dharma, Rahu)

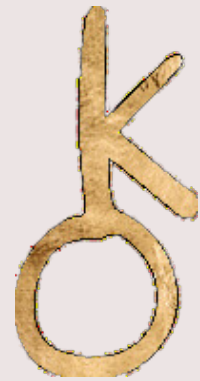
The South Node



Past-life experiences and habits to release and balance. Karmic past & debt: comfort zone, shadow state and skills that you've mastered but can no longer rely on exclusively. What you need to let go of. (Karma, Ketu)

Spiritual Points

Chiron (the wounded healer)



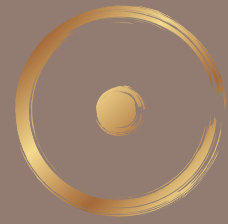
Chiron symbolizes your deepest wounds and the areas of life where you experience pain, vulnerability, or a sense of inadequacy. It represents the potential for profound healing, once you confront and work through these wounds.

Black Moon Lilith (the dark feminine)



Black Moon Lilith represents areas of life where you've faced repression, shame, or rejection. Lilith focuses on reclaiming empowerment by confronting the parts of yourself that have been denied or suppressed. Exploring the shadow self, often through the lens of autonomy and authenticity.

Cycle length of the planets



Sun

365 days

(30 days per sign)



Moon

28-29.5 days

(2,5 days per sign)



Mercury

1 year

(14-30 days per sign)



Venus

1 year

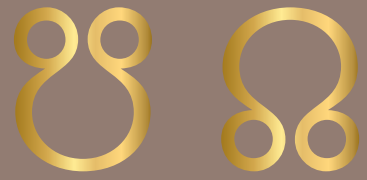
(23 days-2 months
per sign)



Mars

2 years

(1,5-2 months per sign)



Lunar Nodes

18 years

(1.5 years per sign)



Black Moon Lilith

9 years

(9 months per sign)



Pluto

248 years

(14-30 years per sign)



Neptune

165 years

(14 years per sign)



Uranus

84 years

(7 years per sign)



Chiron

50-51 years

(4-5 years per sign)



Saturn

28-30 years

(2,5 years per sign)



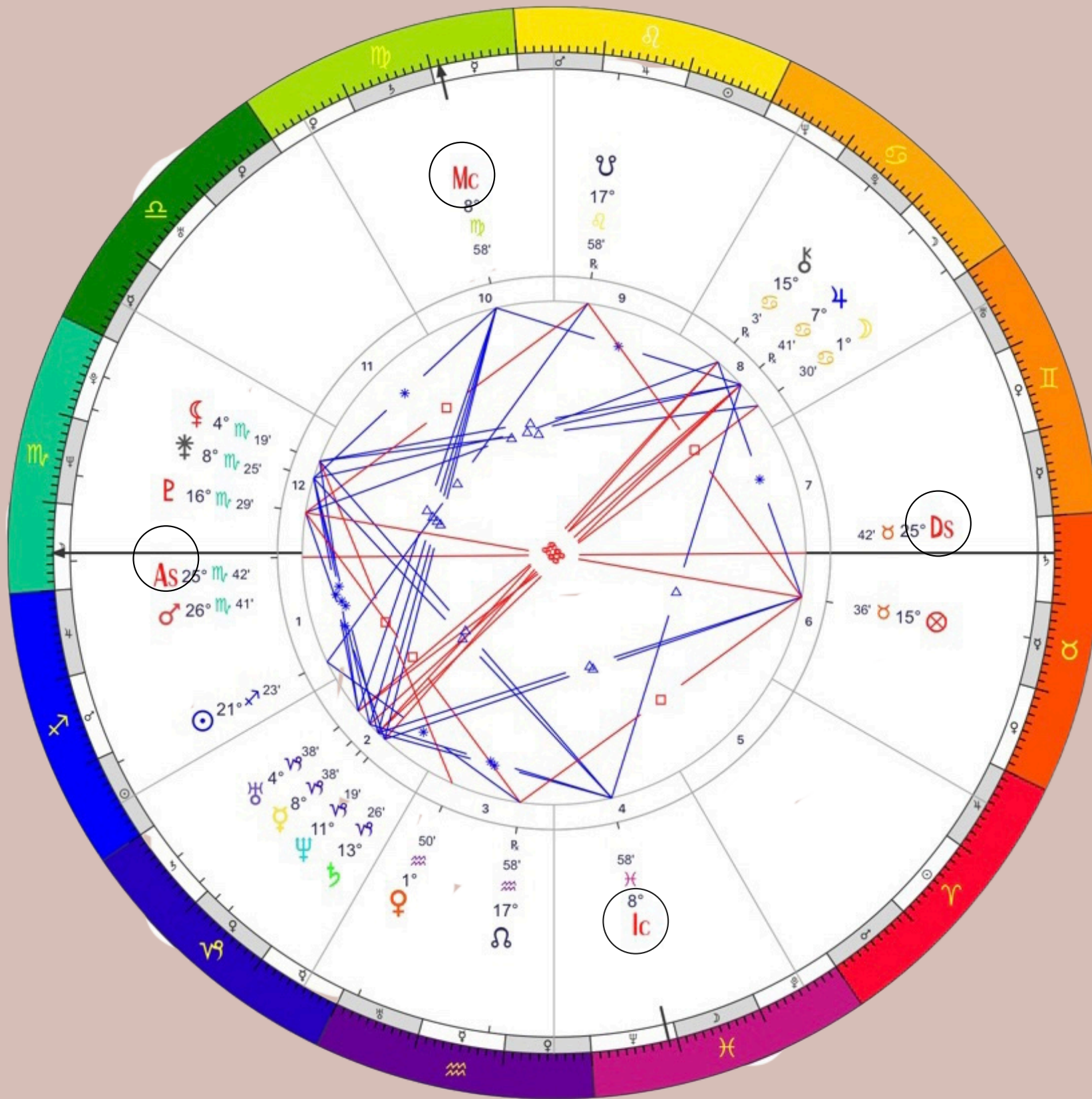
Jupiter

12 years

(1 year per sign)

The Angles

The angles in astrology are the four most significant points of your natal chart, marking where the zodiac intersects the Earth's horizon and meridian at the time and place of your birth. These angles shape the foundation of your chart and represent key areas of life.



The Angles

Ascendant (ASC) / Rising sign

- Your outward personality, first impressions
- Your approach to life and how you initiate new experiences.
- Appearance. Body. Physicality.
- The sign on the Ascendant defines the energy you're broadcasting and how others perceive you.
- In the 1st house

Descendant (DESC)

- Partnerships, close relationships, and qualities you seek in others.
- It shows the traits you are drawn to in partnerships (romantic & business).
- Qualities you may project onto others or need to integrate within yourself.
- In the 7th house

Midheaven (MC)

- Career, public image, goals and aspirations.
- Your role in the world, your reputation, and how you strive for achievement.
- How you want to be known publicly.
- Positioned at the highest point in the chart, it symbolizes your life's work, purpose and legacy.

Imum Coeli (IC)

- Home, roots, family, and inner world.
- Private life, emotional foundation, and ancestral ties.
- Connected to your early life, family upbringing, and emotional security. Where/ how you recharge.
- Located at the bottom of the chart, the foundation of who you are.

03

The Archetypes

= how

The zodiac signs represent universal archetypes that describe how we express ourselves, approach life, and navigate experiences. Each sign reflects specific qualities, traits, and tendencies influenced by its element (Fire, Earth, Air, Water) and modality (Cardinal, Fixed, Mutable). We embody all the archetypes in different areas of life (houses).

Every archetype has both a higher, abundant expression and a shadow state, low expression, depending on the person's level of consciousness. They symbolize the evolution of the human experience, with each sign offering its own lessons and challenges. They teach how to balance energies (e.g. Aries' independence vs. Libra's partnership).



THE ARCHETYPES = HOW



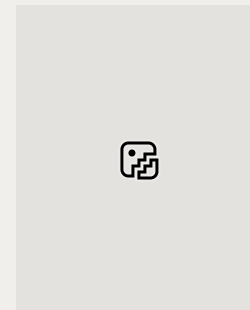
Aries

The Warrior (Cardinal sign)

- Courageous, pioneering, assertive, impulsive, unfiltered, individualistic
- Lesson: To lead with passion while balancing patience and collaboration.
- Energy: A spark of new beginnings and fearless action.
- Rules the 1st house

Fire Signs

Passionate, bold, and dynamic.



Leo

The Performer (Fixed sign)

- Confident, expressive, loyal, creative.
- Lesson: To shine authentically and not being dependent on external validation.
- Energy: Radiates warmth and inspires through self-expression.
- Rules the 5th house



Sagittarius

The Explorer (Mutable sign)

- Optimistic, adventurous, philosophical, restless, dogmatic
- Lesson: To seek truth and freedom while staying grounded and not being overly opinionated.
- Energy: Expands horizons with enthusiasm and wisdom.
- Rules the 9th house

Earth Signs

Grounded, practical and dependable.



Taurus

The Builder (Fixed sign)

- Patient, sensual, reliable, materialist, values security, stubborn.
- Lesson: To enjoy life's pleasures while embracing flexibility and growth.
- Energy: Builds stability and appreciates beauty and comfort.
- Rules the 2nd house



Virgo

The Healer (Mutable sign)

- Analytical, humble, structured, meticulous, perfectionist, self-critical, being of service.
- Lesson: To strive for improvement without losing sight of self-worth.
- Energy: Supports and organizes with precision and care.
- Rules the 6th house

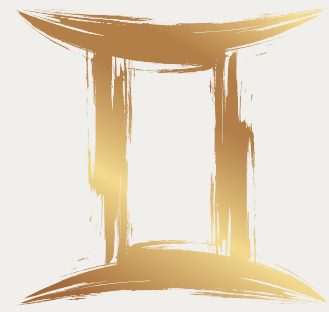


Capricorn

The Strategist & CEO (Cardinal sign)

- Ambitious, disciplined, practical, reserved, hard worker, self-critical
- Lesson: To balance hard work with emotional fulfillment and pleasure. Not overly attached to achievements and external results.
- Energy: Climbs steadily toward long-term success and mastery.
- Rules the 10th house

THE ARCHETYPES = HOW



Gemini

The Messenger (Mutable sign)

- Curious, communicative, adaptable, scattered, commitment issues
- Lesson: To seek knowledge while focusing on meaningful connections.
- Energy: Quick-thinking and versatile, thrives on exchange of ideas.
- Rules the 3rd house

Air Signs

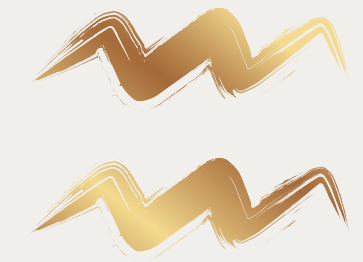
Intellectual, social, and visionary.



Libra

The Diplomat (Cardinal sign)

- Harmonious, fair, balancing, charming, indecisive, co-dependent
- Lesson: To cultivate balance in relationships and protect personal boundaries.
- Energy: Creates harmony and beauty in partnerships and environments.
- Rules the 7th house



Aquarius

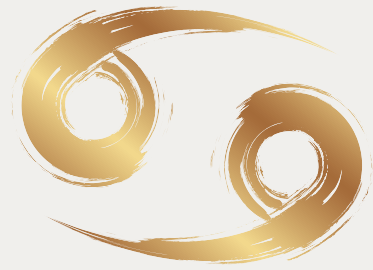
The Visionary (Fixed sign)

- Innovative, independent, humanitarian, (emotionally) detached, rebellious, breaking social norms, revolutionary, eccentric
- Lesson: To embrace individuality while connecting with the collective.
- Energy: Pushes boundaries and inspires future-forward thinking.
- Rules the 11th house

THE ARCHETYPES = HOW

Water Signs

Emotional, transformative and intuitive.



Cancer

The Nurturer (Cardinal sign)

- Protective, empathetic, nurturing, moody, intuitive, vulnerable
- Lesson: To care for others while establishing emotional security for themselves.
- Energy: Creates safe spaces and fosters emotional bonds.
- Rules the 4th house



Scorpio

The Alchemist (Fixed sign)

- Intense, passionate, resourceful, secretive, deep, magnetic, looking beneath surface, obsessive, powerful
- Lesson: To embrace vulnerability as a path to transformation.
- Energy: Dives deeply into emotions and seeks profound truths.
- Rules the 8th house



Pisces

The Intuitive (Mutable sign)

- Compassionate, dreamy, intuitive, escapist, boundaryless, spiritual, creative, highly sensitive, gentle
- Lesson: To connect with the divine while maintaining healthy boundaries.
- Energy: Channels creativity and universal love to inspire and heal.
- Rules the 12th house

THE ARCHETYPES = HOW

MODALITIES

Cardinal

Initiators, leaders,
action-takers

Fixed

Stabilizers, determined,
resistant to change

Mutable

Adaptable, flexible,
versatile

ELEMENTS

Fire

Action, bold,
passionate, inspiring

Aries

Leo

Sagittarius

Earth

Practical, grounded,
structured

Capricorn

Taurus

Virgo

Air

Intellectual, social,
curious

Libra

Aquarius

Gemini

Water

Emotional, intuitive,
sensitive

Cancer

Scorpio

Pisces

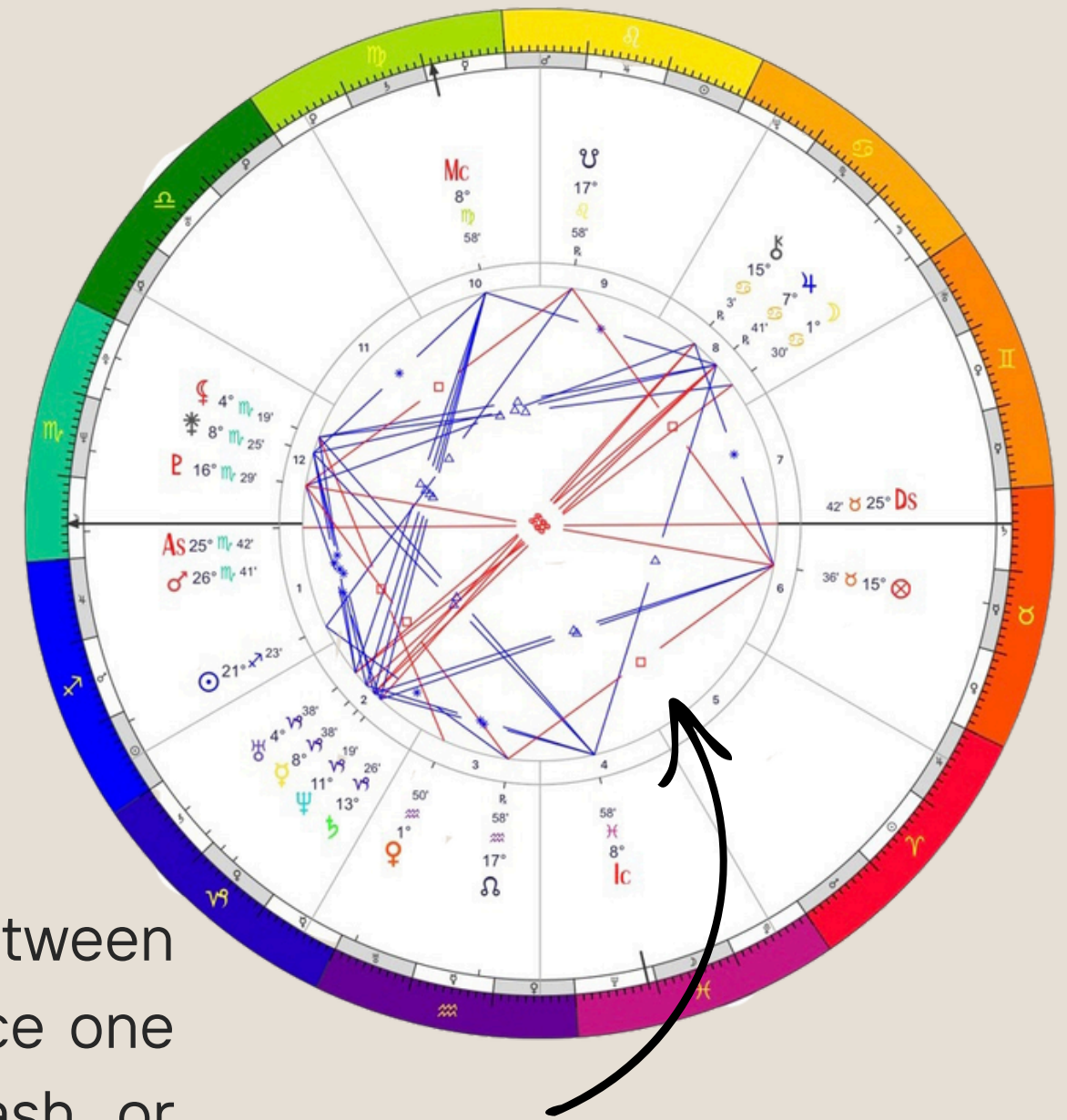
04

Aspects

= how planets communicate with each other

Aspects are the geometric angles (measured in degrees) formed between planets. These aspects show how planetary energies interact, influence one another, and manifest in your life. These energies can cooperate, clash, or complement each other.

- Hard aspects (Challenging, red lines): Create tension and push for growth.
- Soft aspects (Harmonious, blue lines): Allow for ease, flow, and natural integration.



The red and blue lines in the center of a natal chart.



ASPECTS

Arc Length (Degrees)	Orb	Name of Aspect	Symbol
0°	8°	Conjunction	♋
180°	8°	Opposition	♋♏
120°	8°	Trine	♊♌♍
90°	8°	Square	♊♌♍♏
60°	4°	Sextile	♊♌♏♍♏♊
45°	2°	Semi-square	♊♌♏♍♏♊♏♌♍♏♊
135°	2°	Sesquiquadrate	♊♌♏♍♏♊♏♌♍♏♊♏♌♍♏♊
30°	2°	Semi-sextile	♊♌♏♍♏♊♏♌♍♏♊♏♌♍♏♊♏♌♍♏♊
150°	2°	Quincunx	♊♌♏♍♏♊♏♌♍♏♊♏♌♍♏♊♏♌♍♏♊♏♌♍♏♊

Major aspects

Minor aspects

Conjunction

- The planets are 0° apart
- Two or more planets blend their energies.
- Intensifies the qualities of the planets involved. Can be harmonious or challenging depending on the planets and signs they're in.

Opposition

- The planets are 180° apart (hard)
- Polarizing. Represents a "push-pull" dynamic.
- Highlights tension between two areas of life or inner dynamics that require balance, integration and compromise.

Square

- The planets are 90° apart (hard)
- Challenges and tension. Planets are in conflict, demanding action.
- Challenges that lead to growth and resilience. Forces you to overcome obstacles.

Trine

- The planets are 120° apart (soft)
- Harmonious. Energies flow easily and naturally.
- Indicates talent, ease, and areas of natural growth or blessings.

Sextile

- The planets are 60° apart (soft)
- Moderate strength but positive. Represents opportunities and cooperation.
- Less dynamic than a trine but still supportive and helpful. Requires conscious action to activate.



Ready to Dive Deeper into Your Cosmic Blueprint?

Let's work together on unfolding your highest potential!
Discover your unique astrological blueprint - revealing your strengths, qualities, and challenges - through a personalized reading or coaching.

Cosmic Blueprint Reading

Who am I?

Live in alignment with your highest potential and create an authentic life where you unfold your gifts and talents.

Transit & Life Cycle Reading

What is happening in my life?

Navigate life's current cycles and themes with clarity and guidance.

Soul Purpose Reading

Why am I here?

Discover your unique life path and the deeper layers of your soul's mission.

 Follow me on [@samsarabyromy](https://www.instagram.com/samsarabyromy).

 [samsarabyromy.be](https://www.samsarabyromy.be)